



Thrower House

All
activities
are
free!

School Holiday Program

Week 1 – 14th to 18th December, 2020

Monday 14th December

9am – 10am	Let's make some cards
10am – 12pm	Bring your swimmers for a swim
12pm – 1pm	LUNCH
1pm – 3pm	Art with noodles
3pm – 5pm	Let's go fishing

Tuesday 15th December

9am – 10am	Tik Tok time
10am – 12pm	Let's go on a nature walk
12pm – 1pm	LUNCH
1pm – 2pm	Memory game
2pm – 3pm	Chalk art
3pm – 5pm	Board games and card games

Wednesday 16th December

9am – 10am	Handball
10am – 12pm	Giant Inflatable
12pm – 1pm	LUNCH
1pm- 3pm	Giant Inflatable
3pm – 5pm	Oz Tag

Thursday 17th December

9am – 11am	Ping pong and pool comps
11am – 12pm	Lip balm Christmas presents
12pm – 1pm	LUNCH
1pm – 3pm	Festive arts and crafts
3pm – 5pm	Who can call Bingo

Friday 18th December

9am – 10am	Football games
10am – 12pm	Bring your swimmers and towel for a swim
12pm 1pm	LUNCH
1pm – 2pm	Tik Tok of the Christmas type
2pm – 3pm	Water games
3pm – 5pm	Clay moulding



Registrations can be completed on any first day your young person arrives
All activities have limited spaces – bookings are advised.
Register directly with t.adams@wmq.org.au or call 0408 734 061
Participants must allow for social distancing and practice good personal hygiene
If you are sick or unwell in any way, please do not attend the program
All activities are STRICTLY for young people aged 12-17 and all activities are free



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School Holiday Program

Week 2 - 4th to 8th January, 2021

Monday 4th January

9am – 10am	Join us for some handball
10am – 12pm	Bring your swimmers and towel for a swim
12pm – 1pm	LUNCH
1pm – 3pm	Ping pong and pool comp
3pm – 5pm	Plaster of Paris art work

Tuesday 5th January

9am – 10am	Who can outsmart the leader
10am – 12pm	Water Games
12pm – 1pm	LUNCH
1pm – 2pm	Para Dox
2pm – 3pm	Dodge the ball
3pm – 5pm	Bring something to Tie Dye

Wednesday 6th January

9am – 10am	Basketball shoot out
10am – 12pm	Inflatables fun
12pm – 1pm	LUNCH
1pm – 3pm	Giant Inflatables
3pm – 5pm	Hook line and sinker - Fishing

Thursday 7th January

9am – 11am	Jewellery making
11am – 12pm	Giant Uno game
12pm – 1pm	LUNCH
1pm – 2pm	Guess the song
2pm – 3pm	Quick Quizzes
3pm – 5pm	Salt dough art

Friday 8th January

9am – 10am	Duck and dive dodgeball
10am – 12pm	Bring your swimmers and towel for a swim
12pm – 1pm	LUNCH
1pm – 3pm	Bingo fun
3pm – 5pm	All about the Olympics



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School Holiday Program

Week 3 - 11th to 15th January, 2021

Monday 11th January

9am-10am	Catch up with new and old friends with a fun facts discussion
10am-12pm	Bring your swimmers and towel for a swim
12pm-1pm	LUNCH
1pm-2pm	Let's organise what we are doing for the Olympics
2pm-4pm	Obstacle race with a twist
4pm-5pm	Oz Tag with a water twist

Tuesday 12th January

9am-10am	Olympic race practice. Which race do you want to be in?
10am-12pm	Let's go and wet a line its Fishing time!
12pm-1pm	Lunch
1pm-3pm	Arts and crafts time
3pm-4:30pm	Let's have a trivia race and give away some prizes
4:30pm-5pm	Water fight time bring a towel

Wednesday 13th January

9am-11am	Listen to your favourite tunes in Boogie Bingo!
11am-12pm	Having some fun with Fred's Inflatables
12pm-1pm	Lunch
1pm-3pm	Competition time with Fred's inflatables
3pm-4:30pm	Sport of choice
4:30-5pm	Let's cool down with a water fight

Thursday 14th January

9am-10am	Design our chant for the Olympics day
10am-11am	Melted crayon art
11am-12pm	Olympic T-shirt design sponsored by Mathiou Services
12pm-1pm	Lunch
1pm-3pm	Eyes down for a relaxing game of Bingo
3pm-5pm	Hand ball and Oz Tag competition

Friday 15th January

9am-10am	Topic of the week discussion
10am-12pm	Bring your swimmers and a towel we are heading over to the pool
12pm-1pm	Lunch
1pm-3pm	Olympics practice time
3pm-4pm	Kelly pool/ping pong completion time
4:30pm-5pm	Time to cool down with a water fight with your mates



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School Holiday Program

Week 4 – 18th to 22th January, 2021

Monday 18th January

9am-10am	Topic of the week discussion
10am-12pm	Bring your towel and swimmers and cool off in the pool
12pm-1pm	Lunch
1pm-2pm	Olympic talk
2pm-4pm	Switch your brains on for Quiz time
3pm-5pm	Cool down with some water races

Tuesday 19th January

9am-11am	Eyes down for traditional Bingo and old school games
11am-12pm	OLYMPICS DAY 1 (Live)
12pm-1pm	Lunch
1pm-2pm	Let's have an old school game id Charades
2pm-4pm	Let's get colourful with some Tie Dye bring something white (Pillow case, T-shirt, socks etc.)
4pm-5pm	Sidewalk chalk art selfies

Wednesday 20th January

9am-11am	Fun with Fred's inflatables
11am-12pm	OLYMPICS DAY 2 (Live)
12pm-1pm	Lunch
1pm-3pm	Competition time with Fred's Inflatables
3pm-4:30pm	Relax and get creative with some arts and craft
4:30pm-5pm	Water races bring a towel and a change of clothes

Thursday 21st January

9am-11am	Time to get crafty
11am-12pm	OLYMPICS DAY 3 (Live) Final day
12pm-1pm	Lunch
1pm-3pm	Kelly pool/ ping pong competition
3pm-5pm	Hang out at the creek and catch some fish with us

Friday 22nd January

9am-10am	Last day crazy games
10am-12pm	Bring your swimmer and a towel for some chillin at the pool
12pm-1pm	Have some yummy lunch with the awesome crew at Thrower House
1pm-3pm	Party games and prizes to give away
3pm-4:30pm	Presentations and Awards Ceremony
4:30pm-5pm	Water fight to cool down



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