



There are many resources available to help families and children enjoy a positive start to school.



Download resources to support a great start to school at www.qld.gov.au/transitiontoschool

What else can I do?

- Remain positive about starting school, knowing that children settle in their own time.
- Share your child's kindy transition statement with your new school.
- Rest and relax together to support your child's wellbeing.

Find out more

- Visit www.qld.gov.au/transitiontoschool for more information and to download the online resources.
- Email transitions@qed.qld.gov.au



Starting school

Tips to support your child.



What can families do together?

Many children wonder what starting school will be like. It is a big change for your child and family.

A positive start to school can help your child develop a lifelong love of learning.

You know your child best and play a big role in helping them transition to school.

Here are some practical ideas for supporting your child at this important time.

Talk about school

Talking with your child about their first few days at school is an easy way to support them.

Talk about:

- their first day
- how to make friends
- your happy memories of school.



Read with your child

Reading with your child is special. You are bonding together and supporting their growth.

Sharing books with your child:

- builds their reading and language skills
- encourages a lifelong love of reading
- grows their understanding of the world.



Build independence

At school, your child will look after their belongings and follow daily routines. Independence supports your child to join in at school.

You can support your child's independence by:

- setting up morning and evening routines
- helping them choose a lunch box they can open and close
- practising putting on their socks and shoes.



Celebrate starting school

Starting school is a time to celebrate. Your child will feel important and their confidence will grow.

Celebrate starting school by:

- counting down to the first day of school
- taking photos of your child's first day
- have a family party.



Your school community

Starting school is a chance for you to make new friends with other families and support each other.

You can meet other families by:

- going to school P&C nights
- helping in the tuckshop or uniform shop
- spending time in your child's classroom
- attending events at the school.



Your child's wellbeing

Your child's excitement about starting school may be mixed with sadness about leaving home and kindy, and worry about what school will be like.

You can support your child's wellbeing by:

- talking about how they are feeling and why this might be
- teaching them how and who to ask for help
- making time to rest before school starts and over the first few weeks.

