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*Communicating  
about allergies &  
eczema*

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**SAT 9TH MARCH  
2PM – 4PM**

**SUPPORT GROUP  
MEETING**

Let's chat about communication with teachers, work colleagues, extended family, doctors, specialists etc.

What do you find difficult or frustrating? How can we help each other get the message across?



**Hands to Hold**  
Chronic Allergy & Eczema Support

**Supervised art and games for  
the children**

**Tea/Coffee provided**

**(feel free to byo food but avoid nuts &  
messy top allergy foods)**

**Air conditioned venue**

**Upper Coomera Community  
Centre – 90 Reserve Rd**

**RSVP;**

**[contact@handstohold.org.au](mailto:contact@handstohold.org.au)**

**FB: HandstoHoldAustralia**

**Ph: 0400 108 153**

**All welcome**