

## **Grandparent Carer Information Day**

**Paul Stevenson**

**Monday 14<sup>th</sup> May 2018**

Paul Stevenson, OAM, will talk about his experience as a Psychologist assisting people cope with very difficult circumstances.

**When it all seems to be going wrong what are the ideas, thoughts and actions that might help?**

Our own counsellor Graeme Reardon will join Paul Stevenson for our panel to answer your questions.

**Burleigh Waters Community Centre- 131 Christine Avenue, Burleigh Waters**

10:00am – 10:30am	Morning Tea
10:30am – 11:30am	Guest Speaker Paul Stevenson
11:30am – 1:00pm	Question Panel
1:00pm	Lunch

This is a great opportunity to discuss your very important and often stressful role, with a very experienced Psychologist. Bring your questions and to have our panel answer them for you.

**To make a booking please contact our office on 5596 5726 or**

**email: [goldcoast@carersqld.asn.au](mailto:goldcoast@carersqld.asn.au)**

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