







1-2-3 MAGIC[®] & EMOTION COACHING PARENTING COURSE

A FREE three-session program for parents and carers to help manage difficult behaviour in children aged 2 - 12. This program is also suitable for parents of children who have received a diagnosis of Autism Spectrum Disorder (ASD) or Oppositional Defiance Disorder (ODD).

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- √ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- √ 7 tactics for encouraging good behaviour

CORAL HOUSE

8 Byth St, Arundel 4214

Monday $\mathbf{21}^{\mathrm{st}}$ May, $\mathbf{28}^{\mathrm{th}}$ May, and $\mathbf{4}^{\mathrm{th}}$ June : 9:30 am – 11:30 am

P: 0457 526 846 or E: txmil6@eg.edu.au to book a place

Proudly bought to you by Northern Gold Coast Communities for Children

What people are saying?

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control.

Who's running it?

The facilitator is an experienced parent educator who works to support and strengthen family relationships.

Communities for Children is funded by the Australian Government Department of Social Services







• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •